



**GYAAN GOSHTHI**  
-O- CURIOSITY TO CLARITY -O-

## Janmashtami

“Celebrating the divine birth of Lord Krishna.”

### **Story / Significance:**

Janmashtami marks the birth of Lord Krishna, the eighth incarnation of Lord Vishnu. Born in Mathura to Devaki and Vasudeva, Krishna’s birth symbolizes the victory of good over evil, as he came into the world to defeat the tyrant king Kansa. Devotees celebrate his divine leelas (pastimes) and teachings, particularly his wisdom in the Bhagavad Gita.

The festival holds special significance for children and devotees alike, as it represents joy, divine playfulness, and moral righteousness. Temples are beautifully decorated, and midnight celebrations honor Krishna’s birth with devotional fervour.

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### **Traditions & Customs:**

Devotees observe fasting, sing bhajans, and perform dramatic enactments of Krishna’s life called Rasa Lila. Dahi Handi is a popular event, especially in Maharashtra, where teams form human pyramids to break a pot of curd, symbolizing Krishna’s childhood antics. Temples and homes are adorned with flowers, lights, and colorful decorations. Sweet delicacies such as Pedas and kheer are prepared and shared among devotees, making the festival a joyous occasion of devotion and community celebration.

