



**GYAAN GOSHTHI**  
-O- CURIOSITY TO CLARITY -O-

## Makar Sankranti

“Welcoming the harvest season with gratitude and joy.”

### **Story / Significance:**

Makar Sankranti is a harvest festival celebrated across India, marking the sun’s transition into the zodiac sign of Capricorn (Makara). It symbolizes the end of winter solstice and the arrival of longer days. The festival is dedicated to the Sun God (Surya), acknowledging the vital role of the sun in agriculture and life.

Makar Sankranti emphasizes gratitude, prosperity, and the harmonious relationship between humans and nature. It is a celebration of abundance, warmth, and the beginning of a new agricultural cycle.

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### **Traditions & Customs:**

People take holy dips in rivers, especially in the Ganges, and offer prayers to the Sun God. Kite flying is a popular activity in many regions, symbolizing freedom and joy. Traditional sweets made from sesame seeds and jaggery (til-gul) are exchanged among friends and family. Communities organize fairs, cultural programs, and feasts, expressing thankfulness for a bountiful harvest and wishing well-being for all.

