



GYAAN GOSHTHI
-O- CURIOSITY TO CLARITY -O-

Raksha Bandhan

“Celebrating the sacred bond between brothers and sisters.”

Story / Significance:

Raksha Bandhan is a festival that honors the love and protection between siblings. Its origins can be traced back to various Hindu legends, including the story of Queen Karnavati and Emperor Humayun, as well as tales from the Mahabharata. Sisters tie a sacred thread (rakhi) around their brothers' wrists as a symbol of their love, praying for their well-being, while brothers vow to protect them throughout their lives.

The festival is not just about blood relations; it also celebrates the universal bond of care, trust, and protection among humans. Raksha Bandhan reminds us of the importance of familial love, duty, and respect in building harmonious relationships.

Traditions & Customs:

On Raksha Bandhan, sisters perform an aarti and tie a decorated thread on their brothers' wrists, while brothers give gifts and blessings. Families gather to enjoy festive meals and sweets like laddoos and barfis. In some regions, extended family members, cousins, and close friends also participate, extending the bond beyond immediate siblings. The festival strengthens emotional connections and fosters a sense of love and responsibility within families.

